



## frequently asked questions

Grace Marriage is a marriage ministry designed to enrich, protect, and grow your marriage. Using Biblical, grace-based materials you will have time to talk with your spouse and explore ways to enrich your relationship. Participation in Grace Marriage is an intentional commitment to grow in your relationship with each other and the Lord.

### **HOW DOES IT WORK?**

Four times a year husbands and wives meet with other couples in various stages of life to explore different aspects of marriage. The sessions are called marriage coaching. Marriage coaching is an intentional and proactive approach to re-focus on positives in your relationship. Marriage coaching is not a lecture. It is not marriage counseling or group therapy. It is not a seminar or conference. It is not a place where you will be forced to share your deepest secrets. Quite simply, it is a Biblically-based marriage maintenance model that can revolutionize your relationship.

Couples in their 20s to couples in their 80s are involved in Grace Marriage groups and have been greatly blessed by participating!

### **WHO CAN ATTEND?**

Any married couple may attend. A couple does not have to be a member of our church to participate.

### **WHEN ARE THE SESSIONS HELD?**

August 17, 2024

November 9, 2024

February 8, 2025

May 17, 2025

Sessions will be held in B-105 from 8:30AM - 12:30PM.

## **WHO WILL WE BE WITH?**

You will be in a group with your spouse as well as other couples who want their marriage to grow. A maximum of ten couples, plus a trained facilitator couple, will walk through the day's material together. Spouses will have personal time together throughout the day to privately discuss the topics addressed. Groups will have mixed ages. Newly marrieds as well as couples who have been married for decades will be involved. Grace Marriage is about spending time with your spouse, not about being with close friends. Although you will get to know others in your group better, the purpose is to spend time with your husband/wife and focus on your marriage.

## **WHAT ABOUT CHILDCARE?**

Grace Marriage coaching sessions last 4 hours. That is a long time for children to be at the church building, even if they have activities. We believe that most children would be happier in their own home or with family/friends they know. We also want to give couples freedom to focus on each other without feeling the need to check on the kids if they are just down the hallway. For these reasons childcare will not be offered at MRPC. Consider the coaching days as an extended date - time for just the two of you. While childcare is not being provided at the building, the church will reimburse you up to \$60 per coaching session for childcare that you provide for your child(ren).

## **WHAT DOES IT COST?**

What does a normal date night cost if you go out to eat and see a movie, or if you go to a ballgame or concert? \$75? \$100? More? The cost for four days of marriage coaching, including all materials and snacks is just \$100 per couple for the year. That is less than \$1 a day for a year. We encourage you to consider your participation fee as an investment in your marriage. What a great Christmas, birthday, or anniversary gift. \*Scholarships are available if needed.

## **HOW DO WE SIGN UP & PAY?**

To learn more, ask a question, and/or register, contact Curtis DuBose by emailing him at [cdubose@mitchellroad.org](mailto:cdubose@mitchellroad.org) or by calling 864-268-2218, ext. 202.